



STUDY TOURS in BULGARIA

Sofia Guest House & Plovdiv Guest House have the pleasure to present you our offers for Study Tours in Bulgaria, especially suitable for high school and college students.

We have organized such study tours over the last few years mainly for groups coming from Scandinavia, but also from other parts of the world.

1. CONCISE ITINERARY: 5 days from 115 EUR per person at 8 and above

Day 1 Arrival to Sofia, Transfer to Sofia Guest House, www.sofiaquest.com. The participants will be accommodated in dormitory rooms with 10, 8 or 4 beds. *Sofia Guest House has a perfect location in the city centre, close to most of the popular sites, and streets. The hostel welcomes with pleasantly atmosphere and friendly helpful staf. Sofia Guesthouse is equiped with free Wi Fi internet connection, kable TV, air conditionings, enough toilets/bthrooms for the guests in dorm rooms, there is also cosy lounge room for meetings, kitchen, safety luggage lockers.* Sightseeing tour in Sofia on foot.

We will start at Sofia Guesthouse. **Highlights of the tour:** *the National Palace of Culture, St. Nedelya - old metropolitan church, the Presidency, St. George Round church which is actually the oldest building in town National art gallery, St. Nickolay Russian Chursh, The National Assembly Square and the most impressive building - Alexander Nevsky Orthodox Cathedral. On the way back we will pass*

along the National Theatre, and central avenue. Possible extentions to other interesting places in the city center.. Free evening.

Day 2 One day trip to the biggest and most important symbol of the Bulgarian Orthodox Church *Rila Monastery* . Situated at a height of 1150 meters a.s.l. in Rila Mountains, behind the 20-meter high walls lie impressive monastery buildings, a church and a chapel with valuable murals. The most impressive monument from the Bulgarian National Revival period rises amidst the rugged beauty of the Rila Mountain. During this day you can feel the genuine atmosphere of the monastery's most treasured historic and artistic monuments. Possible extention – visiting the natural phenomenon "Stob sand pyramids". Starts 9.30 from Sofia Guesthouse, ends 19h. at the starting point. Free evening.

Day 3 Transfer to Plovdiv – the second biggest city in Bulgaria. Accommodation in dormitories at Plovdiv Guest House in the heart of the old town, www.plovdivquest.com. Hostel *Plovdiv Guest is a house, declared for protected by the government for its old style architecture, and completely renovated from the inside, offering comfort and modern facilities.*

Day 4 Morning sightseeing tour in Plovdiv. *The old part of town is a nice and cosy place to take a walk through – charming cafes on the cobblestoned streets; there are often cultural events going on: exhibitions in the art galleries behind almost every corner, and concerts, some of them even taking place in the ancient Roman theatre – and the Revival architecture is all around you.* Free afternoon to explore the city.

Day 5 Transfer to Sofia for flight back home /time depending on the departure time of your flight/.

The prices include:

- Accommodation in dormitories at Sofia and Plovdiv Guest Houses, with breakfast included. For more information about the accommodation, pls. visit our websites: www.sofiaquest.com and www.plovdivquest.com.
- Transfers and transport between Sofia, Rila Monastery, Plovdiv and Bachkovo Monastery (including transfers to the airport).
- Guided sightseeing tours in Sofia, Plovdiv, and during the day trip to Rila Monastery.

The price does not include:

- Flight tickets
- Guide during transfer Sofia – Plovdiv and on the free days
- Tips
- Double or single rooms for teachers (can be ordered at an additional charge)
- Visits to institutions and / or historical sites (can be ordered at an additional charge)
- Coach services during free days, and over 500 km.
- Lunch and dinner
- Free of charge places
- Other services not stated in the itinerary

Optional tours and visits

The suggested itineraries above can be used as a basis of tailor made tours. We can offer a number of opportunities for study oriented visits, which can be incorporated in your tour. Here are some examples, depending on your interests:

The Politics profile:

- Visit to the Representative Office of the EU commission in Sofia
- Visit to the Embassy of your country in Sofia
- Extended itinerary and free days suitable to your plans (*prices subject to change*)
- Components from the other profiles or modifications in the itinerary

The Business & Economics profie:

- Visit and talk with the management of a factory in Plovdiv
- Visit and talk with the management of a travel agency and / or a hotel
- Extended itinerary and free days suitable to your plans (*prices subject to change*)
- Components from the other profiles or modifications in the itinerary

The Social Policy profile:

- Visit to the Centre for Blind People in Plovdiv.
- Visit to a school in Plovdiv
- Extended itinerary and free days suitable to your plans (*prices subject to change*)
- Components from the other profiles or modifications in the itinerary

The Culture and Geography profile:

- Excursion to the Thracian tomb in Starosel (V th - IV th c. B.C.) and the mineral spa resort of Hissarya with the opportunity of visiting a mineral swimming pool (to be recommended as a trip on the 7th free day)
- Excursions to different towns and cities in Bulgaria.
- Visits to Museums
- Extended itinerary and free days suitable to your plans (*prices subject to change*)
- Components from the other profiles or modifications in the itinerary

The outdoor activities profile:

- Hiking day trips in the Vitosha/Rhodopi Mountain near Sofia/Plovdiv
- Mountain biking in the Vitosha Mountain (bikes included)
- Birdwatching tours
- Extended itinerary and free days suitable to your plans (*prices subject to change*)
- Skiing program for 3 (or more) days in Pamporovo (*international ski resort*)
- Components from the other profiles or modifications in the itinerary

Please note that the optional visits and tours involve an extra charge. You are welcome to ask for a quote. And we would be happy to arrange a tour which meets your needs.

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